

## Hey sophomores, do you find yourself wondering.....

- What am I doing here at UCR?
- Why do I feel constantly overwhelmed?
- Why do I feel like my parents are always pressuring me to know what I want to do with my life?
- Why don't I have any idea what I'm going to do when I grow up?
- Why do I have more questions now than when I first got here as a freshman?
- Who are these people I hang around with that I thought were my friends?
- Am I confident about my major choice or career choice?
- What about pursuing graduate school, internships, or law school to get ahead?
- Why am I so unmotivated and anxious?
- Does everyone have this figured out but me?

If you can relate to three or more of these questions, you are probably experiencing what is known as the 'sophomore slump'....and you are NOT alone! Watch for upcoming activities geared just for sophomores.

We want to hear back from all of you so we have placed a hold on your registration for winter quarter.

### To release the registration hold immediately:

- 1) Print this page out
- 2) Circle the questions that are most important to you
- 3) Fill in the following information:

NAME:

STUDENT ID:

MAJOR:

Please return this survey in person (and pick up a snack) daily between 9 and 12 or 1 and 4 to:

Economics Department, Sproul Hall, room 4124 or

Political Science Department, Watkins Hall, room 2122A